



Livable Community for Successful Aging Policy Board

Minutes December 8, 2020 2:30 PM

Location: Zoom Meeting

Members Present: Tracey Achenbach, Josey Bathke, Lorraine Bowans, Michelle Buhman, Pat Heiden, Lynette Jacoby, Scott McLeod, Doreen Nott, Bob Welsh, Scott Hawes, Carla Phelps, Stacia Rath

Members Excused: Dave Koch

Staff Present: Jeff Kellbach

- 1) **Welcome & Introductions** – Bathke called meeting to order at 2:32PM
 - a) New Members Carla Phelps and Scott Hawes introduced themselves
- 2) **Public Comments** – no comments
- 3) **Approval of Minutes from Meeting of October 13, 2020**
 - a) Motion by Heiden; second by Buhman; approved
- 4) **Update from Aging Specialist – Kellbach**
 - a) Caregiver wellness webinar series just finished today at 2pm
 - i. Wrapup meeting next month & will share the data after that
 - b) Holiday coping strategies discussion last week
 - i. 40+ participants; good feedback
 - ii. Session was recorded via Zoom and is currently available on Facebook
 - c) Website
 - i. Jeff in editing process of Livable Community page; will keep web address
 - ii. JoCo close to going live with whole site soon; no exact date though
- 5) **Finances – Jacoby**
 - a) Bills – webhosting; zoom acct expenses will be added
 - b) Finance update – only spent @\$600 (not including zoom fees)
 - c) Available balance - @\$7,000 (\$5,000 of that for outreach action teams)
 - a. Some funds already encumbered for database transfer/directory @\$4,000
 - b. So \$3,000 for action team outreach
 - d) Welsh motion, Bowans second; report approved
- 6) **COVID**

- a) JCEM and Jeff Kellbach discussing **socially isolated community members** and possibly identify them in order for outreach/contact to occur
 - i. There may be a need to get volunteers to contact the isolated individuals
 - ii. Still being developed; in conversation
 - iii. JCLC Board Members contact Jeff Kellbach if interested in getting involved in this effort
- b) **Vaccine** – campaign under development by Public Health
 - i. JCLC board members can share info on social media/like/comment
 - ii. Supervisors have received a report about the different tiers of recipients
 - iii. Support efforts – be first in the line to get it when you are eligible; take photos; post online
 - iv. Welsh encourages Heiden and Supervisors to make public statements and to advertise/share their time getting the vaccine
- c) **Air purification system** added to home furnace
 - i. Bowans shared her experience personally installing one of these systems
 - ii. Bowans also shared that new homes being built are getting these air purification systems
 - iii. These systems are effective at removing COVID
 - iv. Good for seniors with breathing issues
 - v. Successful Living is putting these systems in all of their houses

7) Strategic Plan

- a) Review and evaluate progress – tabled until next month
 - i. Additional Strategy for Goal #3 proposed by Welsh – invite community members to a conversation via Zoom to get their opinions about Johnson County being a livable community
 - 1. Recommended Community Members to consider inviting: Directors of County Depts; United Way, HomeBuilders, ICAD, Social Justice, Jim Throgmorton, Josh Schamberger, Ginsberg
- b) Policy Agenda
 - i. Document packet sent to board members for review by Kellbach
 - 1. Elder Protection – white paper prepared
 - 2. Livable Homes Program – 2 pages of information
 - 3. Restore funding to the office of State Long-Term Care Ombudsman – white paper prepared
 - 4. Affordable housing and home modifications
 - a. still in draft stage with Kellbach
 - b. Jacoby sent data regarding Iowa shortage (not just Johnson county)
 - c. Achenbach referenced a study commissioned by Iowa Finance Authority and that it may have info that could be utilized in this white paper
 - ii. Next steps
 - 1. Kellbach to finalize item #4
 - 2. Go through Exec Comm (via email) for final approval

3. Submit to Supervisors in December

8) Facebook Page: www.facebook.com/JCSocialServices

- a) Encourage all members to like/follow

9) Board Member Expectations and Ideas

- a) Expectations for Board Members:
 - i. Take the time to go through new member orientation – Kellbach does this for and provides the basic documents such as member roster, subcommittee lists and strategic plan it helps you understand who we are and how we fit into our community.
 - ii. Spend 30 min- 1 hour before each meeting reviewing the materials for the meeting (Agendas, attachments, etc.).
 - iii. Actively participate in meetings – remember, your voice is valuable and we want to hear it!
 - iv. Enroll in and attend at least one subcommittee regularly.
 - v. Follow-up on your “TO DO’s” from any committee or subcommittee meeting before the next meeting.
 - vi. Tell EVERYONE YOU KNOW about the work of the JCLC and the Johnson County Board of Supervisors!! The more community awareness we have of our efforts the better it is for our community!
- b) Sign up for Action Teams/ Committees
 - i. All meetings currently occurring via Zoom; going forward it may continue to be an option even when in-person meetings resume
 - ii. Kellbach reviewed current list of action teams, meeting times and membership
 - iii. Bathke TO DO: contact all board members this month about signing up for an action team

10) Reports from Action Teams and Committees

- 1) Caregivers (Scott Maiers Chair)
 - a. Caregiver wellness webinar series just finished today at 2pm
 - i. Wrap-up meeting next month & will share the data after that
 - b. Holiday coping strategies discussion last week
 - i. 40+ participants; good feedback
 - ii. Session was recorded via Zoom and is currently available on Facebook
- 2) Communications Committee (Kellbach chair) – will meet on Dec 16 this month
 - a. Website
 - i. Jeff in editing process of LC page; will keep web address
 - ii. JoCo close to going live with whole site soon; no exact date though
 - b. Newsletter – next one to come out next week and then January
 - c. NEW IDEA: Vaccine webinar – JCLC cosponsor a webinar with Dave Koch/JPH about the vaccine; possibly do it with the senior center/Michelle Buhman
- 3) Falls Prevention (Collette Hartley Chair)
 - a. Update meeting; programming moved to online
 - b. No future planned events

- c. Encourage a webinar about falls during winter weather
- 4) Housing (Hawes is chair)
 - a. Series of forums in 2020 that went virtual
 - b. Support of 2020 programming to continue into 2021
- 5) Transportation- Not Currently Meeting- No chair

11) Meeting dates for future meetings

- a) Executive Committee Meeting- January 12th at 2:30PM
- b) Policy Board- February 9th at 2:30PM

12) Future Meeting Topics

13) Announcements

- 14) **Adjournment** – Bowans motioned, Michelle second, Bathke closed the meeting at 3:59PM