



Livable Community for Successful Aging Policy Board

Minutes October 8, 2019 2:30 PM
Location: Johnson Co. Health and Human
Services Bldg. Rm. 203B

Members Present: Tracey Achenbach, Josey Bathke, Michelle Buhman, Cathy Fitzmaurice-Hill, Scott McLeod, Doreen Nott, Gerald Rath, Carolyn Warkentin, Bob Welsh

Staff Present: Jeff Kellbach, Savannah Hartman (Intern Student)

Welcome and Introductions: Cathy Fitzmaurice-Hill called meeting to order welcoming new members & a round of introductions.

Public Comment: None

Approval of Minutes: Achenbach moved & Welsh seconded to approve August 13th minutes, motion carried.

Updates from Aging Specialist: Kellbach reported that Aging in Place Forum attendance was good. Jeff reported newsletter coming out. Fall Prevention Fair had 164 attendees down from last year of approximately 380. Taking comments from vendors 48 or so Vendors seemed most part happy. Considering changes to the event for next year which includes a possible name change for the event. Planning for Older American Month is occurring; Housing Action Team is planning to do another series of Aging in Place forums next year. Policy Board suggested doing 3-4 events for Older Americans Month 2020.

Finances: Kellbach passed out finance report and FY20 Budget which has a total budget of \$8,000.

Nominating Committee and Election of Officers: Kellbach presented a slate of officers:
Chair-Cathy Fitzmaurice-Hill
Vice-Chair- Lorraine Bowans
Secretary- Scott McLeod
Treasurer- Lynette Jacoby

Welsh moved and Warkentin seconded slate and unanimous vote approved slate.

Strategic plan update- Carolyn indicated need to set out basic goals. Have direction but struggling to get there. May need to schedule a meeting with the Board.

Reports from Action Teams & Committes

CAREGIVERS: Nott reported that she received feedback on Lunch and Learn to Rotary was positive. Optimist Club is interested in having the presentation at their evening meeting in

November. Discussed Caregiver Wellness Day in the Spring. Planning to do it at the Coralville Public Library and have Dr. James Coyle and Marcie Durian as presenters. Welsh to contact Mercy Hospital on what they are doing on Care Act and possible event.

COMMUNICATIONS COMMITTEE: Monthly newsletters are going well thus far.

FALLS PREVENTION: Kellbach reported activity reports on classes Tai Chi , Stepping on. Looking for spaces to do fall prevention classes. Brief discussion of Fall Prevention Fair. Bob reported on history of this committee how it started.

HOUSING: Tracy reported final Aging in Place forum tomorrow. Committee is looking at having materials available to hand out at home show. The committee has narrowed their list of possible topics for next year's Aging in Place events to Medicaid/Medicare, Fair housing, how to choose a contractor, reverse mortgages, downsizing. They meet later in the month to solidify the 2020 series.

Transportation: Carolyn reported they received answer on Iowa City Transit. Study being done on input from riders. The survey they are doing multi lingual. Consulting group doing the survey._

NEXT MEETING is December 10, 2019, Executive Committee meets on November 12th.

Vote to adjourn. Welsh moved and Buhman seconded approved.

Respectfully submitted Scott McLeod